

Schedule of Events – Lakeshore Athletic Clubs

Lincoln Park:

Summer Camps: Fun N Sun and Pee Wee Camp June 11 – August 24

Moving Arts Studio for children and teens: September 4 – November 3

Toddles Time: baby yoga, singing, dancing and tumbling Tues (6-18 months) 9 – 9:45 am
and Thurs (18 – 30 months) 9 - 9:45 am

Tumbling: balance, strength and coordination These are drop off classes
-4-6 years Mon 3-3:45pm; 2-3 years Wed 9-9:45am; 2-3 years Fri 10-10:45am

Aikido: non-violent, non-competitive martial arts These are drop off classes

-Begin 4-6 years Tues 4-4:45pm or Sat 12:15-1; 7-8 years Thurs 4-4:45; 9-13 years Thurs 5-5:45pm

-Aikido I Wed 4-4:45pm -Begin Aikido (14years and older) Wed 5-5:45pm

Creative Movement: These are drop off classes ages 2-6 years old (check schedule)

Dance Classes: Ballet, Tap and Jazz, Hip-Hop, Jazz Intensive and strength and Flexibility 3-teen
Member and non-member rates are available (private lessons too)

Children's Aquatics Sept 4 – November 3 Parent and independent classes available

Childcare services available by reservation 773-477-9888

Short Sports & Junior Jocks Fall session Sept 4 – November 3

Short sports I: -Tennis, soccer, basketball, t-ball and football 3-5 years Short Sports II: 5-6 years

Junior Jocks: basketball, soccer and baseball 7-9 years

Pee Wee Club: Sept 4 – Nov 2 drop off program for 2-4 year olds

Kidshore has 3 camp programs: Pee Wee Club (2-3yrs); Tennis and all sports (7-14)

Video Pizza Party for ages 4-11 where you can swim, eat pizza and watch a movie on Fridays 6-9pm

Contact:

Joan Grzesinski Joan.Grzesinski@LakeshoreAthleticClubs.com 773-477-9888 x 158

Illinois Center:

Softball League – recreational 12-inch softball with Chicago Sport and Social Club

Tuesday nights at Grant Park – 5:30 pm

Contact:

Justin Bomkamp Justin.Bomkamp@LakeshoreAthleticClubs.com 312-616-1087 x 135

Beach Volleyball – co-ed sand beach volleyball with Chicago Sport and Social Club

Wednesday nights at North Avenue Beach – 6:30 pm

Contact:

Justin Bomkamp Justin.Bomkamp@LakeshoreAthleticClubs.com 312-616-1087 x 135

Downtown:

Lakeshore Fencer's Club – social, recreational and competitive people that participate in the sport with all three weapons:
Foil, Epee and Sabre. Practice sessions, lessons and tournaments.

Contact: Edward.Kaihatsu Edward.Kaihatsu@LakeshoreAthleticClubs.com 312-644-4880

Lakeshore Ongoing Events:

Workouts in Millennium Park: Saturday Mornings throughout the summer on the Great Lawn

Near Pritzker Pavilion Yoga, 8 am is Pilates and 9 am is Dance Fitness

Limited dates: Doggy Yoga Classes at Illinois Center: August 18 Advanced registration: 312-616-9000 x280

Downtown

441 North Wabash
Chicago, IL 60611
312 644-4880

Illinois Center

211 North Stetson
Chicago, IL 60601
312 616-9000

Lincoln Park

1320 West Fullerton
Chicago, IL 60614
773 477-9888

Streeterville

333 East Ontario
Chicago, IL 60611
312 944-4546