

Fact Sheet – Lakeshore Athletic Clubs

- Founded, 1972, in Chicago's Lincoln Park neighborhood as the Lakeshore Tennis Club by Walter and Jordan Kaiser.
- Membership: 20,000 plus
- Services and programs: (All services are not available at all locations)
 - Running tracks
 - 100 foot rock-climbing wall
 - Indoor and outside tennis courts, racquetball, squash
 - Platform tennis courts
 - Cardiovascular rooms
 - Treadmills
 - Free weights and weight equipment
 - Full court gymnasiums (Basketball, Volleyball)
 - Fencing
 - Cycling studios
 - Group exercise
 - Adult and children's swimming pools
 - Pro shops
 - Waves Spas with Massage, Nails, waxing and facial services
 - Cafes and well-appointed lounge areas
 - Kidshore Childcare facilities
 - Extensive children's programming and summer camps at our Lincoln Park location
 - Reformer Pilates Studios at Illinois Center and Lincoln Park locations
 - Yoga
 - Doggy Yoga
 - Salsa Dance Classes
 - Circuit training
 - Whirlpools, saunas and steamrooms
 - Thintuition™ Weight-loss program
 - Accelerated Rehabilitation Centers at Illinois Center and Lincoln Park locations
 - Boxing Studio at Lincoln Park location
 - Locker rooms with full amenities including steam, sauna and whirlpools
 - Free parking at some locations, discounted valet at others

➤ Locations:

- Lincoln Park
1320 W. Fullerton, Chicago
180,000 square feet
Opened in 1972
- Downtown
441 N. Wabash, Chicago
85,000 square feet
Opened in 1992
- Illinois Center
211 N. Stetson, Chicago
130,000 square feet
Opened in 1998
- Streeterville
333 E. Ontario, Chicago
55,000 Square Feet
Opened in 2001
- The Spa and Fitness Club
Costa Mesa, California
22,000 square feet
Opened in 1995
- Pinnacle Athletic Club
Mishawaka, Indiana
40,000 square feet
Opened in 1996
- Rush-Copley Healthplex
Aurora, Illinois
160,000 square feet
Assumed operations 1999
- St. James Health & Fitness Center
Chicago Heights, Illinois
50,000 square feet
Assumed operations 2001