

Longest affiliated member to be honored
Pioneer Of Multi-Use Health Club Celebrates 35th Anniversary Where It All Began

CHICAGO (August 9, 2007) -- Lakeshore Athletic Club is celebrating its 35th anniversary today with a Member Appreciation Party at its Lincoln Park Club, the location at which the multi-use health club company first opened in 1972.

The party honors members and their families who have been with the club for ten years or more.

The event, by invitation only, begins at 7 p.m. and at 8 p.m. the club's longest affiliated active member will be presented with a 4-night/5-day "All about Fitness Package" for two at the elite 4-Diamond-rated Green Valley Spa in Utah. The package includes airfare, spa treatments, daily guided hikes, fitness, aerobic, yoga and Pilates classes, mediation and lectures.

Other activities at the party Karate, Juggling and a DJ for entertainment and for the kids... Face painting, balloons and much more.

The buffet will include favorites: Fajitas, shrimp, fruit, the finger food/simple food...Sangria, wine and beer.

This is the final club party celebrating the anniversary. Lake Shore's Downtown, Streeterville and Illinois Center Clubs held parties earlier in the year.

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